## **STAYING COVID-19 SAFE ADVICE FOR KIDNEY PATIENTS**



**GET FULLY** 

VACCINATED FOR

**COVID-19 AND FLU** 

WEAR A MASK AND ENCOURAGE OTHERS

TO DO THE SAME

Data published provides evidence that even following two vaccines, kidney patients are at higher risk of becoming seriously ill or dying from Covid-19 compared to the general population. In light of these findings it's more important than ever to avoid exposure to Covid-19 wherever possible. Follow these steps to stay safe.

AVOID THE CROWDS, ESPECIALLY INDOORS

MAINTAIN SOCIAL DISTANCING

WASH YOUR HANDS REGULARLY

WORK FROM HOME IF YOU CAN

MEET IN WELL VENTILATED AREAS

**OR OUTSIDE** 



The Kidney Charities Together group are using new evidence to highlight the vulnerability of kidney patients and to lobby for priority access to fourth Covid-19 vaccinations and newer monoclonal antibody and oral anti-viral treatments.

For more information speak with your kidney doctor, nurse, or GP.

## PROTECT YOURSELF • STAY CAUTIOUS • SEEK ADVICE







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