December 2020

Dear Kidney Patient,

We are writing to you in regard to the recent government communication about opting in to receive Vitamin D supplements.

**If you are already taking a Vitamin D supplement (see list below) you will NOT need to take any additional Vitamin D supplements:**

* **Cholecalciferol**
* **Alfacalcidol**
* **Ergocalciferol**
* **Calceous**
* **AdCalD3**
* **Fultium D3**

If you are not taking any of the above medication, you can opt in to receive the Vitamin D supplements offered.

If you are on the **SIMPLIFIED Trial** you will be contacted by a member of the study team to discuss this.

Further information can be found at:

[**Kidney Care UK**](https://bit.ly/2LBlhSf)

<https://bit.ly/2LBlhSf>

[**GOV.uk Vitamin D supplements – how to take them safely**](https://bit.ly/3gKPqd4)

<https://bit.ly/3gKPqd4>

If you have any questions or concerns, please contact the kidney department:

Number of relevant sec here

Number for trials team if patient is a SIMPLIFIED recruit

With best wishes,