I HAVE A DIALYSIS FISTULA OR GRAFT

IN CASE OF BLEED

1. Shout for help. Dial 999 (don’t delay) and state “Bleed from dialysis fistula”

2. Apply firm pressure directly over bleed site. You can use thumb or bottle top (hollow side) to localise pressure. Do not use large absorbent item which disperses pressure such as a towel

3. If bleeding not controlled lie down and ask someone to help lift up limb affected

4. If bleed stops still attend hospital to be seen by fistula surgeon or kidney doctor