



@BRSYoungAdults



## Agenda

### Improving services for young people:

Perspectives, practicalities, pertinence

### Second national meeting of the British Renal Society Transition Special Interest Group

**When:** Monday 28<sup>th</sup> January 2019

**Where:** Frank Rifkin Lecture theatre, Mayo Building  
Salford Royal Hospital, Stott Lane, Salford, Greater Manchester, M6 8HD

#### Objectives

- To highlight, discuss and share practical aspects of improving health outcomes for young people with kidney problems through transition and within adult services
- Explore and learn about broader themes of young adult life along with emerging topics e.g. legal highs, transition in mental health services, sleep deprivation in young adults, practical service models research from the @SPEAKstudy and much more
- Be inspired by @queenofdialysis, @Sarahlouby1986, @ChrisIngram96, Renal Patient Facebook Support Group and hear first-hand stories from young people affected by kidney conditions
- This study day would be relevant to all involved in the provision of young people and transition services, regardless of discipline.

#### Get involved

This event is all about sharing knowledge and best practice.

We have responded to feedback from the last event and incorporated this into the agenda.

If you have a service or idea you would like to share, a problem to solve or a question you would like to ask, please let us know.

And please bring along any young people who would like to come

**Register** with [Rachel.Gair@renalregistry.nhs.uk](mailto:Rachel.Gair@renalregistry.nhs.uk) or [penny.lees@srft.nhs.uk](mailto:penny.lees@srft.nhs.uk). Any questions to [tina.chrysochou@srft.nhs.uk](mailto:tina.chrysochou@srft.nhs.uk)

**This is a free event**  
**CPD approval applied for**

The Transition SIG is supported by a grant from Kidney Care UK (KCUK) and the Association of Renal Industries (ARI)

The catering for this meeting has been kindly supported by Hope Kidney Patient Association and Kidneys for Life



## Conference Agenda

09:30am to 10:00am Registration and Coffee

**09:55am to 11:25am**  
**Chair – Dr Tina Chrysochou, Sr Julie Gorton**

09:55am to 10:00am	<b>Welcome and Overview of Renal Transition network</b> Dr Tina Chrysochou, Adult Nephrologist, Salford Royal Hospitals NHS Foundation Trust
10:00am to 10:40am	<b>From Surviving to Thriving: how we can dialyse to live not live to dialyse</b> Maddie Warren, young adult, @queenofdialysis
10:40am to 10:55am	<b>Kidney Care UK Young Adult Activity Weekend</b> Vanda Fairchild, Clinical Nurse Specialist Young Adult Kidney Care Coordinator
10:55am to 11:25am	<b>Ongoing research for young adults</b> Dr Alex Hamilton, Speciality Training Registrar in Renal Medicine and GIM Severn Deanery

11:25am to 11:45pm Coffee and Tea

**11:45am to 13:40pm**  
**Chair – Ms Rachel Gair, Dr Arvind Nagra**

11:45pm to 12:05pm	<b>A less than good transition</b> Sarah Green, young adult, @Sarahlouby1986
12:05pm to 12:25pm	<b>Evidencing the impact of Young Adult Support: Building a case of need</b> Terri Ellwood, Nottingham Renal Young Adult Worker
12:25pm to 12:55pm	<b>Novel Psychoactive Substances: What are they, How Commonly Are they Used and Should We Be Worried About Them?</b> Dr David Wood, Consultant physician and Clinical Toxicologist, Guys and St Thomas NHS Foundation Trust
12:55pm to 13:40pm	<b>Lunch with networking</b>

**13:40pm to 15:00pm**  
**Chair – Dr Alex Hamilton, Sr Vanda Fairchild**

13:40pm to 14:10pm	<b>The health effects of fatigue and sleep deprivation</b> Dr Mike Farquhar, Consultant, Paediatric Sleep Medicine, Guys and St Thomas NHS Foundation Trust
14:10pm to 14:40pm	<b>Planning for adult mental health care - how can we make it work?</b> Dr Louise Theodosiou, Consultant Child and Adolescent Psychiatrist, Manchester Royal Infirmary
14:40pm to 15:00pm	<b>A practical and patient centred approach to transition</b> Louise Porter, Lead Nurse for Healthcare Transition Children and Young people, Leeds Teaching Hospitals Trust

15:00pm to 15:15pm Coffee and Tea (Posters)

15:15pm to 16:00pm Chair - Ms Rachel Gair, Ms Sarah Green	
15:15pm to 15:30pm	<b>Renal Patient Facebook Support Group</b> Chris Ingram, young adult, @ChrisIngram96
15:30pm to 16:00pm	<b>All panel members, interactive Q+A session</b>
16:00	End

Please feel free to use any of the following hashtags :

@BRSYoungAdult #BRSYoungAdults

#Transition #SDM #youngadult #renal

If you have any queries or would like to register for this event please contact Rachel Gair – [rachel.gair@renalregistry.nhs.uk](mailto:rachel.gair@renalregistry.nhs.uk), Tina Chrysochou – [tina.chrysochou@srft.nhs.uk](mailto:tina.chrysochou@srft.nhs.uk) or Penny Lees – [penny.lees@srft.nhs.uk](mailto:penny.lees@srft.nhs.uk)